

THE PERIOD OF PURPLE CRYING - <http://www.purplecrying.info/>

THE LETTERS IN PURPLE STAND FOR

P

**PEAK OF
CRYING**

Your baby may cry more each week, the most in month 2, then less in months 3-5

U

UNEXPECTED

Crying can come and go and you don't know why.

R

**RESISTS
SOOTHING**

Your baby may not stop crying no matter what you try.

P

**PAIN-LIKE
FACE**

A crying baby may look like they are in pain, even when they are not.

L

**LONG
LASTING**

Crying can last as much as 5 hours a day, or more.

E

EVENING

Your baby may cry more in the late afternoon and evening.

**THE WORD PERIOD MEANS THAT
THE CRYING HAS A BEGINNING AND AN END**